

10th May 2026

in the care of the Missionaries of God's Love

St Benedict's

St Benedict's Catholic Church, Narrabundah

6th Sunday of Easter



Coming up:

Coffee at Gryphon's
14 May

2026 Alpha Course
14 May

Pentecost Rally
24 May



[cg.org.au/narrabundah](https://www.cg.org.au/narrabundah)

Community and Vision



Last Saturday, we had our Parish Assembly. It was a beautiful day bringing parishioners from across all three of our Sunday Masses together to discuss the vision and future of St Benedict's. We thank all who attended the day and the prayers in the lead up for the Assembly, it was truly blessed and we will only continue to see the fruits of it for many years to come. The Vision Team will look at all the feedback from the day and will update the Parish regarding the next steps from here very soon!



The Assembly consisted of brief inputs at the beginning and end of the day from Fr Chris on the Vision that the Team had been discerning for the past 18 months, as well as some of the initial thoughts on the next steps. Then we had Fr Tony lead "Roundtables" discussions using a method called "Conversations in the Spirit". This meant everyone in attendance in their table groups were able to discuss and focus on different aspects of the vision and how it resonated with them. The common feelings of the group by the end of the day were "hopeful", "positive", "excited" and "inspired"!



Events and Announcements

10
MAY

Women's Alive Retreat | Collins Wing

Women are warmly invited to Women Alive – A Spiritual Retreat for Women on Sunday, 10 May 2026, in the Collins Wing. Inspired by the theme “The joy of the Lord is my strength” (Nehemiah 8:10), this day offers an opportunity to pause, pray, and be renewed through Holy Mass, inspiring talks, testimonies, and a healing service.
🕒 9:00am – 4:00pm | 🍽️ Meals provided | 💎 Free entry
📞 RSVP: Winnie – via Parish Office or this link for free registration
<https://forms.cloud.microsoft/r/XUGfRKCuk9>

14
MAY

Alpha Course: WEEK 5- All are welcome!!

Thursdays, in the Collins Wing at 6:30pm. Alpha is an 12-week series that creates a space for honest conversations in a warm, welcoming environment—no pressure, no judgment. Everyone is welcome. Come for the conversation, stay for the community. Interested? **Please register via the QR code or** via this link: <https://forms.gle/nWAn56SRjXQx7jbq5>

14
MAY

Coffee at Gryphons

All parishioners are invited to meet at Gryphon's, Griffith shops at 10.30 am on the second Thursday of each month, the next catch up will be Thursday 14th of May!



Adoration Roster - Current hours to fill

- Tuesday 10-11am
- Thursday 7-8pm
- Friday 8-9am, 11am-12pm

If you can fill one of these, please sign up via the QR-Code!



Weekend Rosters | May-July

Thank you to all those who have volunteered for the upcoming roster. The roster has been finalised and put up in the sacristy or emailed to you if you are on the roster.



Want to receive an Online Bulletin + Additional Notices?

If you are wanting to receive an online bulletin and join the mailing list, please contact Parish Office at narrabundah@cg.org.au or call 02 6295 7879. They are also uploaded to the Parish Website each week. Each week in addition to emailing out with the weekly bulletin, we include Archdiocesan-Wide Notices that would not make it to our weekly bulletins.

How to connect with our Parish?

KINGDOM KIDS

Sun 9am Mass (except school holidays & long weekends)
Sherice Kazzi (Contact Parish Office)

FUSION YOUTH GROUP

Friday Nights (Fortnightly)
7-9pm Collins Wing
Axel Healey (Contact Parish Office)

MOTHER'S PRAYERS

Each Monday (school term)
9.30am, Parish Centre
Rachael Nano (Contact Parish Office)

MEN'S SHARING GROUP

Tuesday Nights (Fortnightly)
7:30pm, Parish Centre
John Murray (Contact Parish Office)

REST IN ME MEDITATIONS

Wednesdays (Fortnightly)
10am-12pm, Parish Centre
Ayanthi Perera (Contact Parish Office)

STREET MINISTRY

Friday Nights
After 5:30pm Mass, Civic
(Contact Parish Office)

Sacrament Dates 2026

First Reconciliation: 25th of March
First Communion: 21st of June
Confirmation: Not happening next year.
RCIA begins TBD
Marriage and Baptisms by request.

Before each sacrament there is an information evening, a sacramental program, a retreat then the date of the sacrament itself.
If you would like your child to receive the sacraments, please contact the parish office for more information.

Praying for the sick

Jindalee & Mt View residents; Pamela Brown and family, Tony Evans, Caroline Evans, Jackie Carpenter, Mark Ransom, Gert Fletcher, Anna Pace, Rita Smith, Wendy Fisher-Hudson, Barry Murphy, Helen French, Sagar Julie O'Brien, Oscar.S, Michael and Rita, Peter Robinson, May Agnew and all those sick in our parish.

Recently Deceased: Veronica Smith (Sue Neimanis' Mother), June Pollard (Graham Pollard's Mother)

Priests:



Parish:



Giving / Stewardship

Give now using QKR!

1st Collection: supports our parish priests

2nd Collection: helps with the running costs to our parish (wages, utilities).

Donation via Deposit

If you would like to join our planned giving program or make a donation; contact the parish office for account details.

First Reading Acts 8:5-8, 14-17

They laid hands on them, and they received the Holy Spirit.

Philip went to a Samaritan town and proclaimed the Christ to them. The people united in welcoming the message Philip preached, either because they had heard of the miracles he worked or because they saw them for themselves. There were, for example, unclean spirits that came shrieking out of many who were possessed, and several paralytics and cripples were cured. As a result there was great rejoicing in that town.

When the apostles in Jerusalem heard that Samaria had accepted the word of God, they sent Peter and John to them, and they went down there, and prayed for the Samaritans to receive the Holy Spirit, for as yet he had not come down on any of them: they had only been baptised in the name of the Lord Jesus. Then they laid hands on them, and they received the Holy Spirit.

Responsorial Psalm

Ps 65:1-7. 16. 20. R. see v.1

(R.) Let all the earth cry out to God with joy.

1. Cry out with joy to God all the earth,
O sing to the glory of his name.
O render him glorious praise.
Say to God: 'How tremendous your deeds! (R.)
2. 'Before you all the earth shall bow;
shall sing to you, sing to your name!
Come and see the works of God,
tremendous his deeds among men. (R.)
3. He turned the sea into dry land,
they passed through the river dry-shod.
Let our joy then be in him;
he rules for ever by his might. (R.)
4. Come and hear, all who fear God.
I will tell what he did for my soul:
Blessed be God who did not reject my prayer
nor withhold his love from me. (R.)

Second Reading 1 Pt 3:15-18

In the body he was put to death, in the spirit he was raised to life.

Reverence the Lord Christ in your hearts, and always have your answer ready for people who ask you the reason for the hope that you all have. But give it with courtesy and respect and with a clear conscience, so that those who slander you when you are living a good life in Christ may be proved wrong in the accusations that they bring. And if it is the will of God that you should suffer, it is better to suffer for doing right than for doing wrong.

Why, Christ himself, innocent though he was, had died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life.

Gospel Acclamation Jn 14:23

Alleluia, alleluia!

**All who love me will keep my words,
and my Father will love them and
we will come to them.**

Alleluia!

Gospel Jn 14:15-21

I shall ask the Father and he will give you another Advocate.

'If you love me you will keep my commandments. I shall ask the Father, and he will give you another Advocate to be with you for ever, that Spirit of truth whom the world can never receive since it neither sees nor knows him; but you know him, because he is with you, he is in you. I will not leave you orphans; I will come back to you. In a short time the world will no longer see me; but you will see me, because I live and you will live. On that day you will understand that I am in my Father and you in me and I in you. Anybody who receives my commandments and keeps them will be one who loves me; and anybody who loves me will be loved by my Father, and I shall love him and show myself to him.'

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Reflection by Fr Michael Tate

Today's Gospel speaks of an advocate. This translates a Greek word: 'paraclete'. Our Lord says: 'I will send you another Paraclete to be with you forever.' Our Lord was a Paraclete, and he would send another. What does this strange sounding word mean? Here is a hint. We all know that parallel lines run, well, para-llel. They run alongside each other. A paraclete is a person who stands alongside someone and pleads their case. That is how our Lord Jesus Christ saw himself. His role was not to condemn but to plead the case for mercy and compassion, to be the intercessor par excellence. Our Lord promises another Paraclete dwelling within us, individually and as the body of Christ's disciples, the Holy Spirit advocating our cause, assisting us to live Truth-fully by the measure of the One who is the Way, the Truth and the Life. This Paraclete particularly assists us by acting as the Spirit of Truth. We could pause for a moment to thank God for the two Paracletes, constantly pleading our case before the Throne of Mercy

mtate@bigpond.com

Our Commitment to Safeguarding:

At St Benedict's Parish, we are committed to creating a safe and welcoming environment for all, especially children, young people, and vulnerable adults. We follow Archdiocesan safeguarding policies and procedures to ensure that everyone in our community is protected and respected.

MASS TIMES

Weekdays

5:30pm (Tues, Thurs)
12:30pm (Wed)
5.30pm Friday Healing Mass

Saturday

8am
5pm (Vigil)

Sunday

9am
6pm (Charismatic)



EUCCHARISTIC ADORATION

Come adore Jesus in the Blessed Sacrament.

Mon - Tue:

7am - 9pm

Wed - Thurs:

1pm - 9pm

Friday

7am - Sat 8am



ROSARY

After each weekday mass except Fridays.
After Sat 8am Mass.



RECONCILIATION

Friday
6:15pm - 7pm
Saturday
5pm - 5.30pm



SPIRITUAL DIRECTION & PERSONAL VOCATION

Adrian Wellspring

OUR PRIESTS

Fr Chris Eaton MGL (PP)
Fr Samson Ezemuokwe MGL (APP)
Fr Joseph Nivakaran MGL (APP)
Fr Tony Schick MGL

PARISH OFFICE

Parish Secretary & Communications:
Isabelle Seselja
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Tue/Thurs/Fri: 9am-12pm

SAFEGUARDING OFFICER

Julie Long
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